

Faith Adventure: Gratitude

THEME

Theme: A Thankful Heart

This week helps children notice the blessings God places all around them. Through reflection, creativity and acts of kindness, children learn that gratitude opens our hearts to God.



SCRIPTURE



“Every generous act of giving, with every perfect gift is from above.” James 1:17

Say the verse together, slowly.

Say together:

“Thank you God, for every gift received.”

PRAYER

God, thank you for every gift You give, the gifts we see and the gifts we feel in our hearts. Help us to notice Your goodness each day and say “thank you” without having to be reminded. Guide our steps this week so that we may walk with grateful hearts. Amen.



SCRIPTURE REFLECTION

“Every generous act of giving, with every perfect gift is from above.” James 1:17

- 1) What are some gifts God has given you?
- 2) What simple things bring you joy?
- 3) How can we show thankfulness to God?

NATURE

Step outside and invite your child to notice 5 things they are grateful for:

- Warmth of the sun
- Fresh air they breathe
- Rain that nourishes the earth
- Cloud formations in the sky
- Parks to play in

End with a simple breath prayer:

Inhale: Thank you, God

Exhale: For every gift



CRAFT



Create a “Gratitude Tree”

Materials:

- Paper or cardstock
- Brown marker or paint (tree trunk)
- Colored paper (for leaves)
- Glue
- Scissors

Steps:

- 1) Draw or paint a large tree trunk with branches
- 2) Cut out leaf shapes from colored paper
- 3) On each leaf, write something you are thankful for.
- 4) Glue the leaves to the branches.

Say together: “Gratitude grows in my heart.”

KINDNESS

Ways to express your gratitude this week:

- 1) Thank God before meals and bedtime.
- 2) Create a gratitude journal and write what you are most grateful for each day.
- 3) Draw a thank you picture for someone you care about.
- 4) Perform acts of kindness at home, at school, or when out with your friends

